71st ANNUAL NATIONAL CONFERENCE OF INDIAN PSYCHIATRIC SOCIETY
31st January - 3rd February 2019 | Indira Gandhi Pratishthan, Lucknow

Theme: Mental Health - Nation’s Wealth

Organised by
Indian Psychiatry Society - Central Zonal Branch
in association with
Department of Psychiatry,
King George’s Medical University, Lucknow
&
Nur Manzil Psychiatric Centre, Lucknow
Dear Esteemed Colleagues,

Greetings from the IPS!

It is our privilege to extend an invitation to you to participate in the 71st Annual Conference of Indian Psychiatric Society (ANCIPS 2019). Our hosts are the Central Zonal Branch, in association with the Dept of Psychiatry, King George Medical College and Nur Manzil Psychiatric Centre, Lucknow. ANCIPS, the mega annual event of Indian Psychiatric Society, is attended by not only IPS members but also delegates from across the world.

Friends, Lucknow is the capital city of Awadh, one of the most ancient kingdoms of India. It has a reputation for refined culture. It is a city of genteel manners and etiquette, poetry, music, monuments, evergreen fashion, not to forget exquisite cuisine. It figures high on the tourist map of India. Nobody should miss the tehzeeb of Lucknow. These couplets of Majaz Lucknawi are an eloquent introduction to this City of Nawabs:

“फ़रदौस-ए-हुस्न-ओ-इश्क़ है दामान-ए-लखनऊ / आँखों में बस रहे हैं गजालान-ए-लखनऊ मृततरिब भी है शराब भी अब्र-ए-बहार भी / शीराज बन गया है शब्बस्तान-ए-लखनऊ”

ANCIPS is known for its high academic standards. The scientific committee is working to ensure this tradition is upheld. Apart from the regular fare we shall have some unique sessions from eminent researchers, academicians, clinicians, social scientists and scholars.

As you all know our profession is facing many challenges including some unwarranted legal conundrums of recent origin. The old demons of stigma, treatment gap and limited resources still haunt all mental health professionals. Your participation in large numbers at the Conference and in the Annual General Body Meeting, will give us great strength in our campaigns and battles.

Our hosts, led by Prof P K Dalal and Dr Hemant Naidu, have chosen an apt theme for this year’s ANCIPS: “Mental health-Nations’s Wealth”. We are impressed with the work of the Organising Committee and the venue they have chosen: the Indira Gandhi Pratishthan, a well-appointed convention centre. It is huge and beautiful, matching the hearts of our Organising Committee members.

Looking forward to see you at what promises to be a grand meeting indeed.

Dr Ajit V Bhide
President
Indian Psychiatric Society

Dr Vinay Kumar
Hon, General Secretary
Indian Psychiatric Society
Dear Colleagues and Honoured Guests,

It is a moment of great pride and pleasure to extend an invitation for your participation with family and friends in the ensuing 71st Annual National Conference of Indian Psychiatric Society (ANCIPS-2019) from 31st January to 03rd February, 2019 at Lucknow which will be hosting the conference after a gap of 26 years.

Lucknow the present capital of Uttar Pradesh was in bygone days the capital of Nawabs of Awadh. The city traces its origin to Lord Lakshman the brother of Lord Rama who is said to be the founder of this town. With passage of time this city was made capital of Awadh Kingdom during the reign of 4th Nawab Asaf-ud-Daulah. The last Nawab Wazid Ali Shah was an accomplished poet and dancer and was perhaps most generous patron of art. He was finally exiled by the British East India Company in 1856.

The venue of the conference is Indira Gandhi Pratishthan and the theme is “Mental Health-Nation’s Wealth”. The theme has been chosen aptly in the present scenario which would discuss promotion of positive mental health and prevention of mental disorders. With good mental health of working force productivity will increase resulting in generation of more wealth and prosperity to the nation.

This conference is going to be world class in terms of scientific deliberations. We hope to invite the best minds in psychiatry from India and around the world for brain storming scientific sessions to satiate the knowledge bank of all the delegates.

Lucknow is a city where its culture is reflected in its subtle fusion of sophistication and emotional warmth. The refined manners of its people make it different from other cities of India. The City is identified by its nazakat, nafasat, tahzeeb and pahle aap culture. The cuisine of awadh will satisfy the palate of all gourmets. Variety of kebab, birryani and different types of sweets and chats are most sought after items for any tourist to this city. In handicraft the chikan work is famous all over the world. Apart from this there are number of historical monuments in the city to attract tourism. One of the added attractions will be Night Cricket for the 1st time in IPPL finals.

Lucknow is well connected by Air, Rail and Road to all major cities of India. There are many other tourist attractions around Lucknow viz –Ayodhya, Varanasi, Prayag (Allahabad), Naimisharanya (Sitapur), Agra etc.

No wonder with all these qualities of the city a person coming to Lucknow settles down at this Nawabi city for generations. This can be summed up in the following couplet.

“लखनऊ हम पर किया, हम किया—ऐ लखनऊ। क्या सीता आसमां कि, जो छुड़ाए लखनऊ।”

Looking forward to welcome you in this city of Nawabs.

With regards.

Dr P K Dalal
Organising Chairperson
Prof & Head, Department of Psychiatry King George’s Medical University, Lucknow, Uttar Pradesh

Dr Hemant Naidu
Organising Secretary
Consultant Psychiatrist, Nur Manzil Psychiatric Centre, Lucknow, Uttar Pradesh
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71st ANCIPS
Lucknow
31st Jan - 3rd Feb, 2019

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ABSTRACT SUBMISSION GUIDELINES

The ANCIPS-2019 Scientific programme will comprise of invited Lectures, Plenary Sessions, Symposia, Focused Workshops, stimulating Debates, Panel Discussions, Free Papers & E-Poster Sessions. It is expected that the abstract includes original data not previously published in a peer-reviewed journal or the proceedings of a national or international meeting or presented in a scientific conference.

All abstracts are to be submitted online through abstract portal only. For more details, please log onto www.ancips2019lko.com

IMPORTANT INFORMATION

<table>
<thead>
<tr>
<th>Last Date of Abstract Submission is 30th September 2018</th>
<th>Only Indian Psychiatric Society members (Ordinary members / fellows / associate members) can submit Free Papers, E-Posters, Workshops and Symposia at ANCIPS 2019. If you have applied for IPS membership, kindly provide your receipt number.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Indian Psychiatric Society is revising its membership fees very soon. Kindly become a member today by logging onto <a href="http://www.indianpsychiatricsociety.org">www.indianpsychiatricsociety.org</a></td>
<td>REGISTRATION is mandatory for the presenting author of Free Paper/Poster to present the paper in ANCIPS 2019</td>
</tr>
<tr>
<td>For Symposia /Workshop, all speakers need to be registered</td>
<td>All Presenting authors, speakers of symposia / workshop must register before (30th November 2018) for their Paper / Symposia / Workshop to be included in the final programme</td>
</tr>
</tbody>
</table>

All queries related to Abstracts are to be addressed to e-mail info@ancips2019lko.com or mobile 9643488131

AWARD PAPERS

Please visit website to see guidelines for award paper submission. The last date of submission for Award Paper is 30th September 2018. The last date of submission for BPPS award is 30th November 2018.

All the award papers are to be submitted online to Dr R Raguram, Chairman, Awards Committee of Indian Psychiatric Society at ipsawardscommittee@gmail.com

All queries related to award paper are to be addressed to ipsawardscommittee@gmail.com
The Department of Psychiatry, King George’s Medical University is one of the premiere institutes of mental health in India. The specialty of Psychiatry had its modest beginning in 1956 and a statutory independent Department of Psychiatry came into existence in 1971. The department has gained prominence in various scientific fields related to mental health and has been an influential academic, research and training centre in India. With a capacity of 126 beds and specialized units for child psychiatry, drug de-addiction, psycho-sexual & marital problems, stress management and anxiety disorders, consultation-liaison psychiatry, women mental health, neuropsychiatry and community psychiatry, it is the largest General Hospital Psychiatry Unit in India. The department has been given the status of Centre for Excellence by Government of India and presently there are 12 MD Psychiatry and 6 M Phil Clinical Psychology seats per year.

Indira Gandhi Pratishthan (IGP), Gomti Nagar is one of the largest convention centres situated in Lucknow. IGP is at a centrally located place in Lucknow which is surrounded by plentiful five star hotels. It can accommodate 5000 to 10000 delegates conveniently. This is very eco-friendly green campus with ample parking space. IGP has the state of the art auditoriums of 1500, 600, 400, 200 seating capacity and adequate small meeting rooms.

Nur Manzil Psychiatric Centre was established by Dr. E. Stanley Jones, a renowned American missionary, evangelist, statesman, author and friend of India in 1950. The founder firmly believed in the psychological and spiritual healing for mentally affected persons. The name Nur Manzil has been chosen as it was visualized that this centre will transform sick person from darkness to light. The centre continues to function as pioneer in the field of mental health. The centre is presently managed by Methodist Church in India. The centre now provides quality mental health treatment to patients both in outdoor and indoor coming from Lucknow and neighbouring districts.
REGISTRATION FORM

(Please fill in BLOCK LETTERS)

Name as on Certificate & Badge ________________________________________________________ Age _____ Gender __________

Membership No. ____________________ Designation ____________________ Institute/Organization __________________________

Complete Address ______________________________________________________________________________________________________________________

City _____________________________ Pincode _________________ State __________________________ Country ______________________

Telephone _______________________ Mobile __________________________ Email: __________________________________________________________

Accompanying Person:

1) Name ____________________________________________________ Relationship _____________________________ Age ________ Gender_____________

2) Name ____________________________________________________ Relationship _____________________________ Age ________ Gender_____________

3) Name ____________________________________________________ Relationship _____________________________ Age ________ Gender_____________

4) Name ____________________________________________________ Relationship _____________________________ Age ________ Gender_____________

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<th>Registration Categories</th>
<th>Early Special (Until 30th June, 2018)</th>
<th>Early (Until 30th Sept, 2018)</th>
<th>Regular (Until 31 Dec, 2018)</th>
<th>Spot (1st Jan 2019 onwards)</th>
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<tr>
<td>IPS Member &amp; SAARC Member</td>
<td>INR 7000</td>
<td>INR 8000</td>
<td>INR 9500</td>
<td>INR 12500</td>
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<td>IPS Member Senior Citizen*</td>
<td>Complimentary</td>
<td>Complimentary</td>
<td>INR 9500</td>
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<td>Non-member</td>
<td>INR 8000</td>
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<td>INR 3500</td>
<td>INR 4500</td>
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* For more than 65 years only

** This Registration is permissible to Post Graduate Students of Psychiatry provided they submit bonafide certificate of studentship from the concerned HOD.

*** For family members Only, Registration is free for children below 5 years of age
Terms & Conditions

Registration Fee is Inclusive of GST as per current Government Norms.

Registration Fee Includes
- Delegates - Admission to Scientific Sessions & Exhibition | Lunches & Dinners
- Registration Kit | Participation Certificate
- Accompanying Person - Lunches & Dinners | Registration Kit.

Cancellation Policy

Till 15.11.2018 - 50% cancellation fee. 50% refund (against registration) will be processed less GST as per current government norms & bank processing charges @ 3% (In case of payment by card).

After 15.11.2018 - No Refunds
Cancellation requests have to be received in writing to conference secretariat. All refunds will be processed after the conference.

Conference kit is subject to availability for spot registration | We will accept only cash or credit card for spot registration.

ACCOMMODATION DETAILS

<table>
<thead>
<tr>
<th>A Category</th>
<th>Clarks Avadh</th>
<th>Fairfield Marriott</th>
<th>Golden Tulip</th>
<th>Hilton Garden Inn</th>
<th>Hyatt Regency</th>
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<td>Radisson</td>
<td>Ramada</td>
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<th>B Category</th>
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<th>Dayal Paradise</th>
<th>Gemini</th>
<th>Lebua</th>
<th>Lemon Tree</th>
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<td></td>
<td>Levana Suytes</td>
<td>Renaissance</td>
<td>Sona Best Western</td>
<td>Sarovar Portico</td>
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<th>Deep</th>
<th>Galaxy Grand</th>
<th>Ginger</th>
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<td></td>
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<td>Grand Radiant</td>
<td>Indel Hotel</td>
<td>Lineage</td>
<td>Madhurima</td>
<td>Pinnacle</td>
<td>Ranbirs</td>
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<td>Royal Inn</td>
<td>Savvy Grand</td>
<td>Sayotel</td>
<td>Treebo Shivam Inn</td>
<td>Vista Residency</td>
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</tbody>
</table>

Accommodation would be on first come - first served basis. Rooms are subject to availability at the time of booking.

Hotel tariff would be uploaded on the website soon since the Organising Committee is working to get the best rates.

>> MODES OF PAYMENT

1. Online Registration - Please log onto www.ancips2019lko.com

2. Bank Transfer
   - You can pay by bank transfer using the following information (kindly mail Bank slip/receipt of transfer with the filled form to info@ancips2019lko.com)
   - Bank: Allahabad Bank   Account Title: ANCIPS-2019   Saving A/c No: 50398103613   MICR No: 226010013
   - Branch: Lucknow KGM College (1028)   IFS Code: ALLA 0211028

3. Cheque / Demand Draft
   - You can pay by Cheque / Demand Draft in favor of "ANCIPS-2019" payable at Lucknow, India
   - Cheque/DD No:_______________________ Amount:___________________ Dated:___________________ Bank:___________________

Duly filled form along with the payment details/cheque/DD should be sent to Conference Secretariat address.
Lucknow, the capital of Uttar Pradesh, lies in the middle of the Heritage Arc. This bustling city, famed for its Nawabi era finesse and amazing food, is a unique mix of the ancient and the modern. It is home to extraordinary monuments depicting a fascinating blend of ancient, colonial and oriental architecture.

» Lucknow was the epicentre of the 1857 War of Independence, and much before that, it was the seat of a line of nawabs who gave the city its unique identity.

» Literature, cuisine, performing arts and tehzeeb put Lucknow a cut above the rest – and the world acknowledges it.

» Among the magnificent monuments are Imambara, Rumi Darwaza, Kaiserbagh Heritage Zone, Residency, Dilkusha and Shaheed Smarak etc.

» Chikan embroidery and zardozi have made Lucknow a brand in global fashion.

» Kebabs and biryani are the two lip-smacking delicacies that beckon visitors again and again.

» Other tourist attractions include Dr. Ram Manohar Lohia Park, Janeshwar Mishra Park, Ambedkar Memorial Park, Gomti River Front, Nawab Wazib Ali Shah Zoological Garden and Ganga Aquarium etc.

Weather: Temperatures are forecasted ranging from 25°C -15°C. Be sure to bring woolens. This is one of the best time to visit Lucknow.

Agra, Fatehpur Sikri, Mathura & Vrindavan Tour

Taj Mahal in Agra is the epitome of tourism in India and is celebrated for its architectural magnificence and aesthetic beauty. A symphony in white marble, a tribute to eternal love, it was built by the Emperor Shah Jahan in memory of his wife Mumtaz Mahal. Vrindavan is associated with the childhood exploits of Lord Krishna and has scores of temples, shrines, memorial stones and hermitages of the saints and Krishna’s followers.

Ayodhya & Chhapaiya Tour

The ancient city of Ayodhya situated on the banks of River Saryu is one of the most important pilgrim spots of India. It is regarded as one of the seven holiest places in India. It earns much of its claim to fame from being the birth place of Lord Rama who spent a considerable time of his life here. This quaint city finds mention in the Ramayana and also in some texts of Buddhism.

Varanasi & Sarnath Tour

Varanasi once known as Banaras and Kashi, is one of the oldest continuously inhabited cities in the world. Varanasi is so pure that even a dip in the Ganga River meandering across it, is believed to wash away all the sins. The city is known to be the land of moksh (freedom from life cycle). While, Sarnath is a significant pilgrim spot for the Buddhists, as it has marks of the legend, King Ashoka.

Other Tour options include Dudhwa National Park, Katarniaghat Wildlife Sanctuary, Naimisharanya, Shravasti, Chitrakoot and Vindyachal etc. Kindly see Conference website for more details.